

# APEX HIGH SCHOOL WINTER 09-10 SPORTS SCHEDULE

**Principal: Matt Wight**

Head Athletic Trainer: Miles Kliewer

Asst. Athletic Trainer: Emily Scott


**Athletic Director: Del Phillips**

Asst. Athletic Director: Bob Wolfe

Asst. Athletic Director: Isaac Bristol

Main School Phone: 387.2208

Athletic Phone: 387.2243

<b>JV/Varsity Mens Basketball</b>	<b>JV/V Wrestling</b>	<b>Swimming/Diving</b>
Nov. 19 <b>Millbrook</b> 6:00	Nov. 18 Lee County 6:30	Nov. 17 Swim Meet 7:00
20 <b>Leesville</b> 6:00	21 <b>Cougar Classic</b> 8am	TAC
24 Lee County 6:00	24 Chatham Cen. Duals 4:30	20 Diving Meet 5:30
Dec. 1 <b>Cary</b> 6:00	Dec. 1 Millbrook JV Quad 5:00	At NCSU
3 Leesville 6:00	2 Panther Creek 6:30	Dec. 3 Swim Meet 6:00
4 Panther Creek 6:00	5 <b>Cougar Quad</b> 8am	At NCSU
8 <b>Fuquay-Varina</b> 7:30	9 <b>Fuquay-Varina</b> 6:30	10 Swim Meet 7:00
15 Holly Springs 6:00	12 Wolverine Tournament 8am	TAC
17 <b>Green Hope</b> 6:00	22 Mark Adams Classic 8am	11 Diving Meet 5:30
26-30 Glaxo Tournament TBA	23 Mark Adams Classic 8am	NCSU
Jan. 5 Athens Drive 6:00	Jan. 2 N.Dur. Tourn 8am	17 Swim Meet 5:00
6 Millbrook 7:00	7 Holly Springs 6:30	Campbell
8 <b>Middle Creek</b> 6:00	8 Boneyard Bash 4:00	Jan. 7 Swim Meet 6:00
12 <b>Lee County</b> 6:00	9 Boneyard Bash 8am	NCSU
15 Cary 6:00	13 <b>Green Hope</b> 6:30	8 Diving Meet 5:30
22 <b>Panther Creek</b> 6:00	16 Middle Crk Tourn. 8am	NCSU
26 Fuquay-Varina 6:00	27 Athens Drive 6:30	12 Swim Meet 7:00
29 <b>East Chapel Hill#-V</b> 7:30	30 Green Hope Tourn. 8am	TAC
29 East Chapel Hill-JV 7:30	Feb. 3 <b>Middle Creek</b> 6:30	22 Diving Conf. Meet 1:00
Feb. 2 <b>Holly Springs</b> 6:00	6 Conf. Tournament TBA	At NCSU
5 Green Hope 6:00		23 Swimming Conf. Meet 12:00
9 Athens Drive 6:00		TAC
12 Middle Creek 6:00		
<b>Head Coach: Russ Duncan</b>		<b>Head Coach: Tim Kane</b>
		
<b>JV/V Womens Basketball</b>	<b>Gymnastics</b>	
Nov. 14 <b>Jamboree*</b> 9am	Dec. 4 Superior Gymnastics 7:30	
19 Millbrook 6:00	18 Apex Gymnastics 7:30	
20 Leesville 6:00	Jan. 15 N. Raleigh Gymnastics 7:30	
24 <b>Lee County</b> 6:00	22 Conf. Meet 7:30	
Dec. 1 Cary 6:00	Impact Gymnastics	
3 <b>Leesville</b> 6:00		
4 <b>Panther Creek</b> 6:00		
8 Fuquay-Varina 6:00		
15 <b>Holly Springs</b> 6:00		
17 Green Hope 6:00		
26-30 Glaxo Tournament TBA		
Jan. 5 Athens Drive 6:00		
6 <b>Millbrook</b> 6:00		
8 Middle Creek 6:00		
12 Lee County 6:00		
15 <b>Cary</b> 6:00		
22 Panther Creek 6:00		
26 <b>Fuquay-Varina</b> 6:00		
29 <b>East Chapel Hill#-V</b> 6:00		
29 East Chapel Hill-JV 6:00		
Feb. 2 Holly Springs 6:00		
5 <b>Green Hope</b> 6:00		
9 Athens Drive 6:00		
12 <b>Middle Creek</b> 6:00		
<b>Head Coach: Scott Campbell</b>		<b>Head Coach: Jean Sciacca</b>
<b>Indoor Track</b>		
		NCHSAA TBA
		State Meet
		UNC Chapel Hill
<b>HOME EVENTS IN BOLD</b>		<b>Head Coach: Roy Cooper</b>
#Endowment		
*Scrimmage		